

PLEASE JOIN
ANNA'S MINISTRY
FOR A TIME OF
SPIRITUAL RENEWAL

Abide

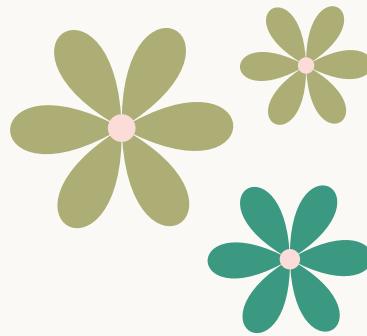
A WOMEN'S RETREAT

FRIDAY/SATURDAY/SUNDAY
JANUARY 23-25, 2026

CAMP ALLEN
18800 FM 362
NAVASOTA, TEXAS

Information Guide

2026 Annual Retreat



Hi Lovely Ladies,

It's that wonderful time of year again! We are absolutely delighted to welcome both familiar and new faces to Abide—Anna's Ministry's 8th annual retreat. What a joy it is to see how God continues to bless this gathering year after year, drawing His daughters together for refreshment and renewal.

This year's theme is "**WELL TENDED.**"

Rooted in Psalm 100:3 (The Message): "Know this: God is God, and God, God. He made us; we didn't make him. We're his people, his well-tended sheep."

What a beautiful reminder that we belong to the Good Shepherd, who lovingly calls us His own.

David, the shepherd-king, knew his sheep intimately. He guided them to green pastures, protected them from danger, and tenderly cared for their every need. In the same way, our Heavenly Father tends to us. He knows us by name, leads us to still waters, and restores our souls. We are His "well-tended sheep," safe and secure in His care.

As we gather this year, may you experience the peace of His pasture and the joy of His presence. Allow this weekend to be a time to slow down, to listen for His voice, and to let Him shepherd your heart into the new things He has prepared for you.

We are thrilled to return to Camp Allen, where the beauty of the lakes and trails serves as a living reflection of God's creation and His tender care for us. Take in the stillness, embrace the fellowship, and rest in the assurance that the Shepherd is near.

As we prepare for our time together, we invite you to pray with expectancy. Ask the Lord to open your heart to the lessons He has prepared and the love He longs to pour out.

We cannot wait to share these sacred moments with you. May this retreat be a time of renewal, connection, and deep abiding in the One who calls you His own.

With Warm Blessings,

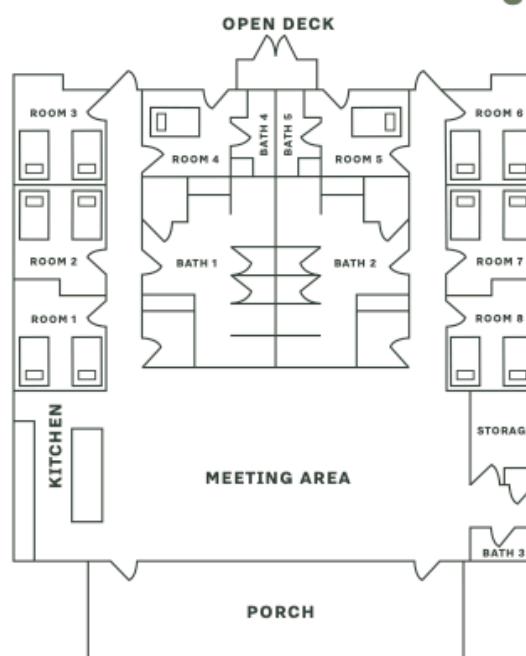
Mary Denise Murray, President



Accommodations



GROVE LODGES ONE & TWO



AMENITIES

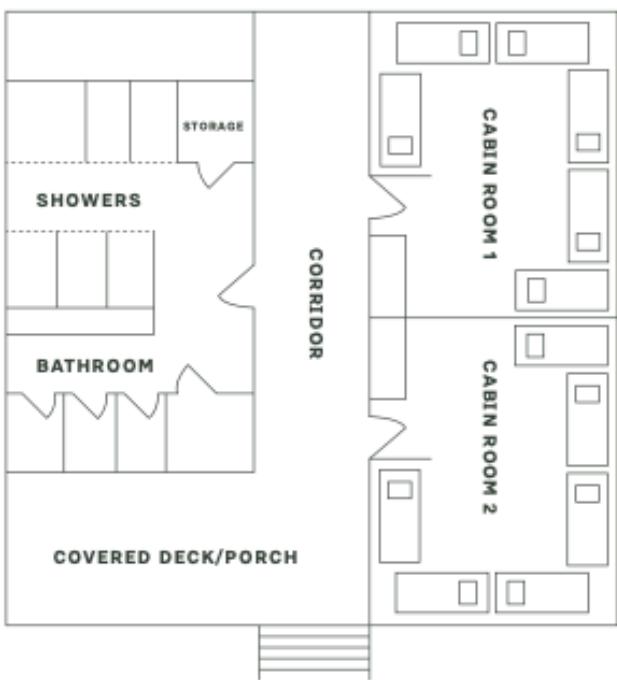
Cabin Sleeping Capacity: 20

- Six bedrooms, each with one twin bed and a twin bunk bed
- Two spacious community bathrooms, each with three showers and three toilet stalls
- Two bedrooms with full beds and private bathrooms
- Fully equipped residential kitchen with large dining table
- Open-concept living room with gas fireplace and one half bath
- Satellite TV and WiFi
- Laundry facilities with two washers and two dryers
- Large outdoor deck with gas grill

Accommodations



CAMPSITE FOUR



CAMPSITE 4 DETAILS

Cabin Sleeping Capacity: 96

- 4 Bunkhouses, each two cabin rooms
- 6 Standard bunk beds in each cabin
- Bathroom and shower facilities in each bunkhouse

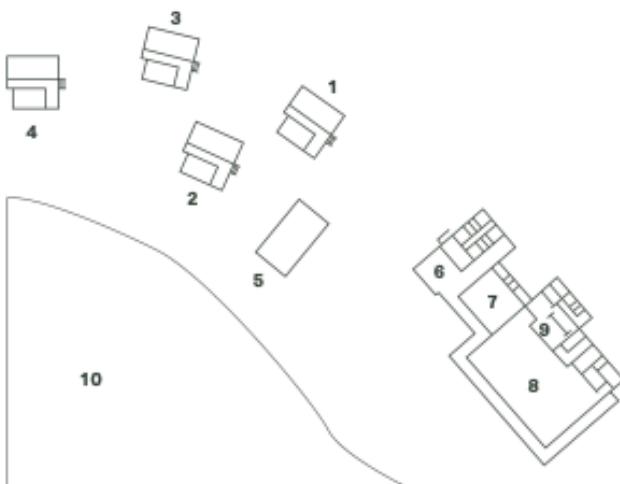
Directors Quarters Capacity: 16

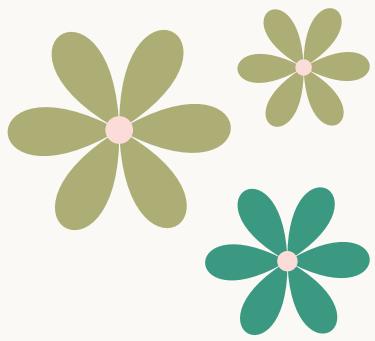
- 2 Bedrooms, each with two standard bunk beds
- 1 Full bathroom in each bedroom

Linens are not provided.

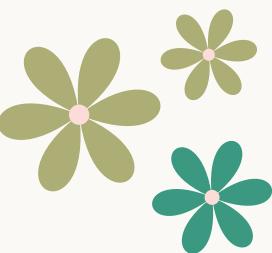
LEGEND

1. Bunkhouse 1 (Cabins 41 & 42)
2. Bunkhouse 2 (Cabins 43 & 44)
3. Bunkhouse 3 (Cabins 45 & 46)
4. Bunkhouse 4 (Cabins 47 & 48)
5. Outdoor Pavilion with Grill
6. Leader's Quarters
7. Gathering Room
8. Dining Hall
9. Commercial Kitchen
10. Lake Coffield





Meals



| | Friday | Saturday | Sunday |
|-----------|---------|----------|-------------------|
| Breakfast | X | Catered | Brunch Catered |
| Lunch | X | Catered | |
| Dinner | Catered | Catered | X |

Snacks to Share

This year, we invite participants to bring snacks to share with the group. Sharing snacks is completely optional, but always appreciated!

Agenda

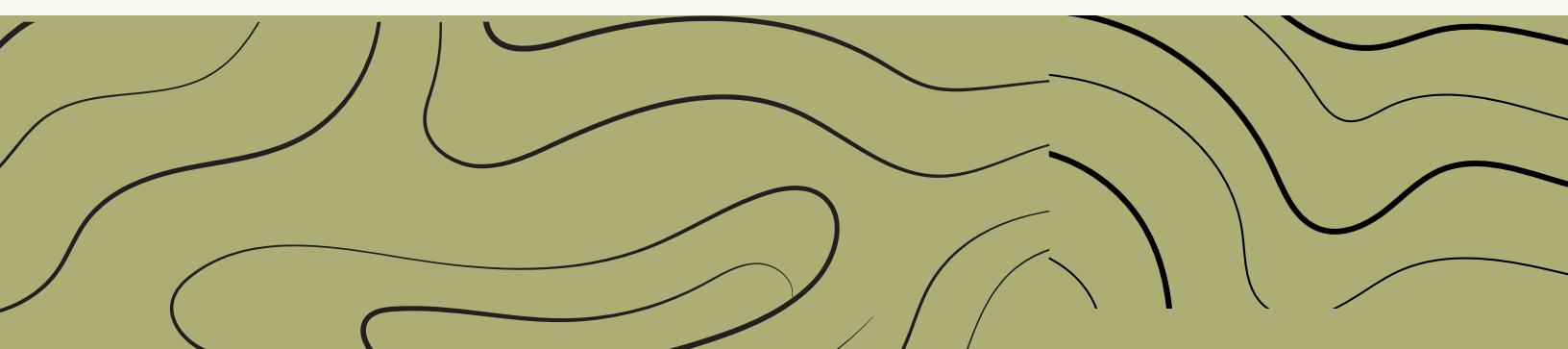


This weekend will be filled with non-stop activity all to help you move forward physically, mentally and spiritually. There will be classes, outside activities and physical activities, worship, inspirational speakers, prayer stations and so much more. Come with a determination to get all that you can from this weekend retreat.

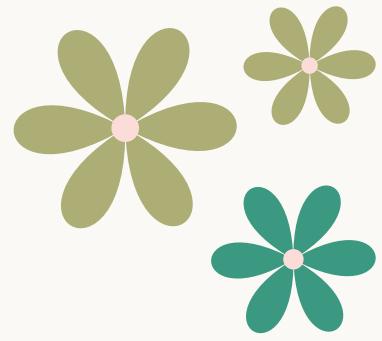
The Stretching and Breathing class requires that you bring a yoga mat.

| Friday, 1/23 | Saturday, 1/24 | Sunday, 1/25 |
|-------------------|--------------------|--------------------------|
| Check in: 3:30 pm | Breakfast: 8:30 am | Breakfast: 8:30 am |
| Dinner: 6:00 pm | Lunch: 12:30 pm | Worship: 11:00 am |
| Worship: 7:00 pm | Dinner: 6:00 pm | Grounds Vacated: 3:00 pm |
| Worship: 7:00 pm | | |

Camp Allen is very dark at night. Be careful when driving. Remember night fall is usually @ 5:30 pm on Friday.



What Should I Bring?



Attire:

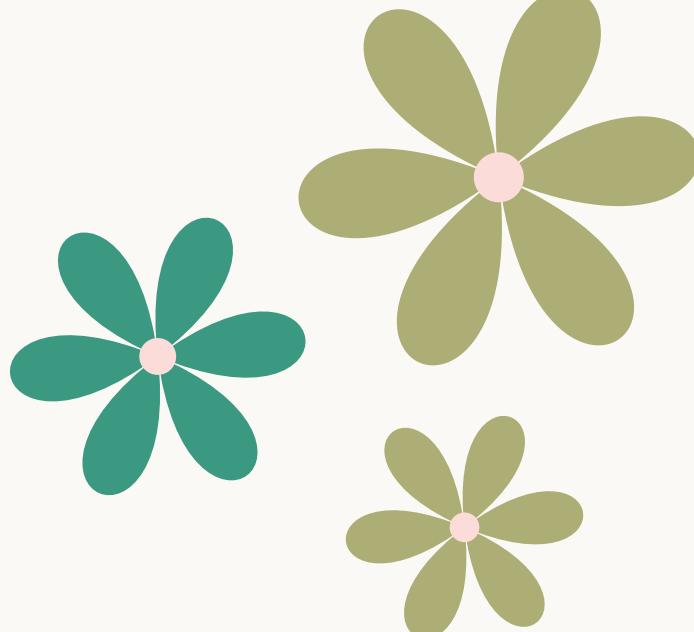
- Dress comfortably, in layers
- Jeans, sweats, comfortable pants recommended
- T-shirts, jackets, scarves, caps/hats
- Sneakers, flat shoes, hiking boots, rain gear, flashlight
- Don't forget your pajamas

Safety:

- Camp Allen is a large property. Please use the buddy system when venturing out.

Weather:

- Check the weather forecast to determine appropriate attire.
- Mosquito spray
- Umbrella
- Rain Coat
- Goulashes





Emergency Preparedness and Safety

At Anna's Ministry, the safety and well-being of every participant is our top priority. In light of recent weather-related events across Texas, we want to assure you that Camp Allen has robust emergency protocols in place and that our team is prepared to respond should the need arise.

Camp Allen Safety Measures

- Not in a Flood Risk Area
 - Camp Allen is built on high, well-drained land and is not in a designated floodplain. Even during past major flooding in Texas, the property has remained safe and accessible. Historically, Camp Allen has served as an emergency evacuation site and a dispatch center for rescue teams during hurricanes.
- **On-Site Medical Support**
 - Camp Allen maintains excellent medical preparedness, including:
 - 35 staff members certified in First Aid, CPR, and lifeguarding
 - At least 3 registered nurses on-site at all times
 - A certified EMT on property
 - 10+ full-time staff who live on property and are on call overnight

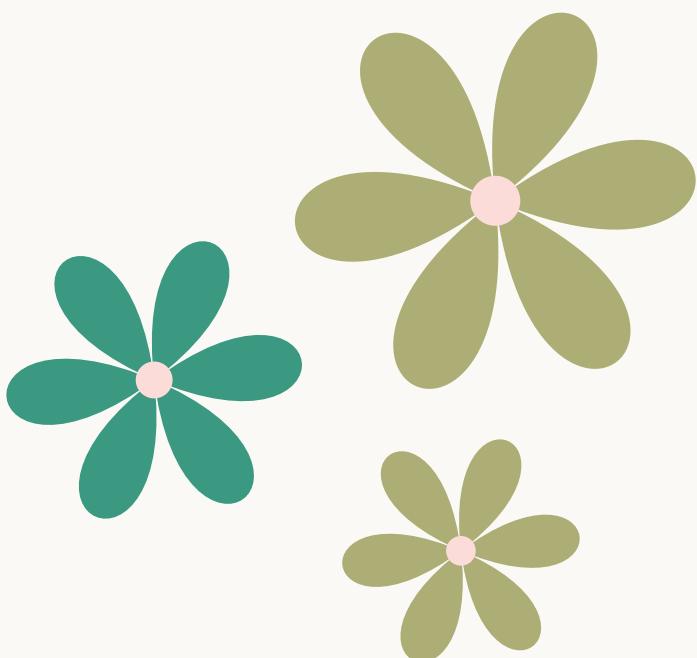
- Emergency Action Plans (EAPs)
 - Camp Allen has a full set of Emergency Action Plans covering severe weather, medical emergencies, and evacuation scenarios. These plans are regularly reviewed and updated to meet and exceed state standards.

During the Retreat

- In the event of severe weather or another emergency, announcements will be made immediately by retreat leaders and Camp Allen staff.
- Follow staff and volunteer instructions quickly and calmly.
- Evacuation routes and safe zones will be pointed out during our orientation.
- Please keep your phone charged and with you when possible to receive updates.

Our Commitment

While emergencies are unlikely, we are committed to being proactive and prepared. Your cooperation with safety protocols ensures that all participants can remain safe and focused on the retreat experience.



How do I get the most from this weekend?

Get off the grid

Phone and internet reception are limited. Typically calls may be made near the Welcome Center. This allows us the opportunity to fellowship with each other and commune with the Lord. We encourage you go “radio silent”. Fast from social media, and other distractions, if possible. Seek to abide in the Lord’s presence and enjoy the healing fellowship.

Stay engaged and participate

Life may be full of challenges. It is so easy to focus on finances, health, relationships, children, and employment just to name a few. However, this weekend, we are asking you to zero in on you, and your relationship with the Lord. It is only in His presence that we find everything we need. So, let’s drink deep this weekend.

Give and receive

This weekend the Lord will use you to share encouragement. When the Lord gives you an encouraging word, do not shy away, be bold and share it!

THINK before you speak

How do you know if you should share a word with someone? Ask yourself if what you have to say is uplifting. Holy Spirit will guide your heart and tongue. Always ensure your words are:

True • Helpful • Inspiring • Necessary • Kind

Allow the Holy Spirit to use you to bring help and healing this weekend. He knows exactly what to say!

Behold, how good and sweet it is for sisters to dwell together in unity. ~ Psalm 133:1



Got Questions?

Feel free to first reach out via email if you have any questions or concerns, we're here to help!

info@annasministry.com

Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in me. ~ John 15:4-11

